

Bereavement and other support organisations for contacting whilst the Saying Goodbye Project is currently closed to referrals.

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| Child Bereavement UK | <https://www.childbereavementuk.org/>  0800 02 888 40 (Helpline weekdays 9am – 5pm) | For parents, carers, professionals and young people.  CBUK work in collaboration with the London Grid for Learning and provide free resources and training for school staff  <https://www.childbereavementuk.org/online-learning-for-schools> |
| Space2grieve | <https://space2grieve.org.uk/>  0751 937 6363  [support@space2grieve.org.uk](mailto:support@space2grieve.org.uk) | Charity providing bereavement support for children, young people and adults living in Richmond. There is no charge for this service. |
| Kooth | <https://www.kooth.com/> | On line mental health and well being support for young people  Includes links to crisis services |
| Anna Freud (national centre for children and families) | <https://www.annafreud.org/>  (0)20 7794 2313  [info@annafreud.org](mailto:info@annafreud.org) | Useful information for parents and carers  Information and short training videos about traumatic bereavement specifically for schools and professionals |
| Rip Rap | <http://www.riprap.org.uk/> | Support for young people when a parent has cancer |
| Cruse Bereavement Support | <https://www.cruse.org.uk/>  0808 808 1677 (Helpline 7 days a week, times vary) | National bereavement organisation, offering support via email and chat and online for adults and children and young people.  Lots of useful information on the website about bereavement |
| Hope Again | <https://www.hopeagain.org.uk/> | The youth website of Cruse Bereavement Support |