**ST ALBANS MEDICAL CENTRE**

**PROTECTION OF CHILDREN AND ADULTS (SAFEGUARDING ISSUES)**

**If you have got any concerns about your safety or safety of others please speak to your Healthcare Professional OR**

**You can self refer by contacting**

**Kingston Council (both Kingston and Richmond residents) for safeguarding children:**

**TEL: 0208 547 5008 or 0208 770 5000 (24 hrs)**

**and Kingston Council (Kingston residents) for safeguarding adults:**

**TEL: 0208 547 5005 (24 hrs)**

**Useful search for finding your local authority if you are resident out of area (if you are not sure contact Kingston Council:**

[**http://www.gov.uk/find-local-council**](http://www.gov.uk/find-local-council)