



Who we are

- ▶ An independent local charity
- ▶ Over 70 years' experience of supporting people in the community
- ▶ Award-winning and innovative
- ▶ Working in partnership
- ▶ Supported by over 260 active volunteers
- ▶ Providing: help & support, information & advice, social and wellbeing activities for older people

Supporting us as your local charity

As a local charity, we rely on volunteer help and donations to help us provide high quality support to older people living in the community. We welcome all offers of help – get in touch to find out more.

How to contact us

Telephone: 020 8942 8256
 Web: staywellservices.org.uk
 Email: hello@staywellservices.org.uk

Raleigh House
 14 Nelson Road
 New Malden, KT3 5EA

Our services



Over 70 years of experience

Supporting wellbeing

Supporting independence

Supporting carers

Advice & Information

FREE Quality assured advice service covering a wide range of issues including benefits advice, transport options, legal matters, how to stay safe at home, getting support at home and paying for care.

Supporting you at home

Community Team

FREE Through home visits, our Community Team plans the support, actions and activities someone needs to regain confidence, remain independent and live safely in their own home. Short-term action plans for clients may include support to attend a day centre; arranging practical tasks such as access to a laundry service; assisting with sorting through paperwork, or advising on shopping options. The team can enable access to other Staywell services such as befriending or counselling and wider community support where appropriate.



Community Connectors

FREE Part of Kingston's developing social prescribing programme, Connected Kingston, Staywell's Community Connectors work with frail and/or older people to put together short-term plans, looking at different ways of improving their health and wellbeing through social engagement and non-medical support.



Help@Home

Our friendly, dedicated team provides practical help in and around the home. Our service is tailored to you and can include housework, washing, ironing, meal preparation and shopping, as well as companionship, outings and support with appointments.

Handyperson

An affordable service offering help with small repairs, home maintenance and safety around the home. We also offer a garden tidy service and can help with computers and setting up TV equipment.

Social Centres

Raleigh House – New Malden

Designed to a high standard, Raleigh is a warm and vibrant centre with a wide range of activities to suit all tastes. It's a great place to make new friends. Daily lunch and refreshments. Hairdressing, podiatry, therapies, computer lessons and an accessible shower facility.



The Bradbury – Kingston

An exciting and affordable range of social, wellbeing and learning activities in a modern and welcoming environment, just a few minutes' walk from Kingston town centre. Café serving snacks, lunches and homemade cakes. Regular outings and special events supplement the weekly activities programme.

Dementia support

All our services are able to provide support to people living with dementia and their carers. Contact us to find out about dementia awareness training.

Saturday Club

This club is held on the second Saturday of the month at Raleigh House from 11am to 2pm, for those living with dementia and their families and supporters.

Sheltered Housing Social Engagement Programme

Working with Kingston sheltered housing schemes. Providing social, information and wellbeing activities, alongside befriending with residents.



Kingston Community Furniture

Quality used furniture and white goods for sale at low cost. Collection or delivery throughout Surrey. Save unwanted furniture going to landfill and support local families on low incomes. Visit our large shop at 1-3 Dollary Parade, Kingston Road, KT1 3PD. Telephone 020 8942 5500.