

# Are you worried about a loved one's memory?



**Have family or friends mentioned they are worried about their memory?**

**Are they registered with a GP in Kingston?**  
If so, their practice is running special clinics offering an initial memory assessment.

# **GP practices in Kingston are offering health screening for people who are concerned about their memory or worried about developing dementia.**

Dementia is a set of symptoms that may include memory loss and difficulties with thinking, problem solving and language.

An early diagnosis of dementia allows the person and their carer/family to get the right treatment and support in a timely way. It also means early intervention and the opportunity to plan.

The assessment will involve seeing a healthcare professional to discuss any concerns or symptoms and to perform a brief test of their memory and concentration.

Following the assessment, they will be given advice on the results and suggestions of what may help their symptoms. If needed, they will be referred for further investigations.

Please ask them to contact their GP practice and speak to the reception team for more information.



**NHS**

**Kingston**  
Clinical Commissioning Group



# Getting in touch


## **Alzheimer's Society Website**

Learn about different types of dementia including symptoms, treatments and support available, or read advice for carers, friends and family, plus real stories and download our free factsheets and practical carers' guide here:

**[www.alzheimers.org.uk](http://www.alzheimers.org.uk)**

## **National Dementia Helpline**

 Tel: **0300 222 1122**

 Email:

**[helpline@alzheimers.org.uk](mailto:helpline@alzheimers.org.uk)**

## **Dementia Talking Point**


Visit our online community to get advice, share experiences and connect.


 **<https://forum.alzheimers.org.uk/>**



**For information about Alzheimer's Society's services for anyone affected by dementia in Kingston please get in touch. We are here to help.**

Alzheimer's Society (Kingston)

 Tel: **020 3513 5147**

 Email:

**[KingstonOffice@alzheimers.org.uk](mailto:KingstonOffice@alzheimers.org.uk)**